Frequently Asked Questons About Adult DAS

How much privacy is there on the Adult DAS Unit?
You can expect a reasonable amount of privacy on the Unit. You will have a private bedroom, can wear your own clothes and use your own personal items. You can make and receive phone calls from your personal cell phone during break times. Phone calls are also permitted in the staff offices for treatment related calls and appointments needing follow up. There are daily visiting hours when you can receive visitors for additional social opportunities/support.

Is smoking allowed?
Smoking is not permitted on the Unit, however, smoking is arranged for outside the building at designated times.

What about leisure time?
Television, music, games and craft materials are available in the comfortable setting of several different rooms.

Will residents have the freedom to come and go?
You may attend agency day programs. Those with drug and alcohol problems may attend Alcoholics Anonymous and Narcotics Anonymous meetings. Special arrangements must be made with a supervisor in order for you to leave the Unit without staff accompaniment.

Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.

Empowering Lives, Transforming Futures™

For more information about the Adult DAS program, call:

724-224-7586

www.wfspa.org

Adult Diversion and Stabilization

Providing immediate crisis-oriented services in a short-term residence setting for adults aged 18+ with a primary mental health diagnosis.

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Program Purpose

The Adult Diversion and Stabilization (DAS) Unit is a voluntary, brief stay (10 - 14 days) diversion and stabilization program for adults aged 18 and over who are experiencing a mental health crisis. Adult DAS is an alternative to inpatient hospital stays, or a transition from hospitalization back to the community. The program, staffed 24 hours a day/7 days a week, provides basic psychiatric assessment and medication monitoring along with services and organized group activities which help individuals prepare to return to the community.

Adult DAS is designed to have a home-like environment that offers a comfortable and private setting for adults to be evaluated and participate in crisis stabilization activities. Additionally, the daily schedule includes individual and group sessions aimed at promoting recovery, coping skills, symptom stabilization, and mental health groups. Our goal with these activities is to prepare clients for a smooth transition back to independent living.

Activities

Activities that are part of your stay at Adult DAS include:

Individual Service Planning
Upon admission to our program, you and staff will develop an Individual Service Plan that will include short and long-term goals. A total of two goals will be chosen. If you attend a day program, an additional goal will be added.

Therapeutic/Informative Group Sessions
Therapeutic and Informative Groups include those dealing with:

- Self-esteem
- Anger Management
- Coping and Relaxation Skills
- Living skills
- Mental Health Education
- Others tailored to meet individual needs

Living Space

The Adult DAS program is not a hospital facility. It is a home-like environment which offers a comfortable and private setting for adult individuals to be evaluated and to participate in therapeutic programs.

The unit consists of:

- Fourteen private bedrooms
- Four full bathrooms (Handicapped accessible)
- Three staff offices
- A large common room with couches, chairs, television, stereo, and large dining table
- A small family/meeting room area
- A fully equipped kitchen
- One large laundry area
- Conference room
- Admissions Room

Those staying on the Adult DAS Unit are provided with three meals a day and snacks.

Referral Process

A referral is required for service. All referrals can be made by contacting:
Kim Lindquist, Coordinator
Adult Diversion and Stabilization Program
Ph: 724.224.7586
Fax: 724.224.7734

Discharge Process

Planned discharges occur when the Treatment Team and the individual agree that he or she has met the goals outlined in the Treatment Plan. Unplanned discharge takes place when the individual withdraws from the program, requires hospitalization, or demonstrates behavior that excludes him or her from participation.

Location

The Adult Diversion and Stabilization program is located at:
4782 Leechburg Road
New Kensington, PA 15068
Phone: 724.224.7586.