

PCIT has been evaluated in hundreds of research studies from around the world and is shown to be effective for young children (ages 2.5 – 7) with disruptive behaviors.

Research has shown that PCIT is also effective for children who:

- Have difficulty separating from caregivers
- Refuse to talk in school and other public settings
- Are worried
- Have a diagnosis of autism
- Have difficulty regulating emotions
- Fall outside of the age range of 2.5 – 7

Call our Central Access to find out if your child would benefit from PCIT!

Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.

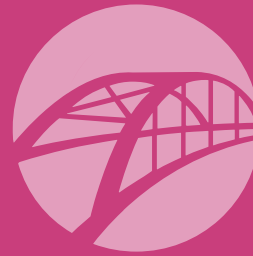
*Empowering Lives,
Transforming Futures™*

**To get started, call
412-342-2270**

www.wfspa.org

**Parent-Child
Interaction Therapy**

Helping parents to improve their child's behaviors and strengthen the relationship between parent and child





If you are a caregiver of a young child who:

- Doesn't listen to adults
- Has temper tantrums
- Takes or breaks other's things
- Hits or kicks others
- Can't sit still
- Has difficulty playing alone
- Struggles with taking turns

PCIT can help!

“I liked that there was a progression to how we learned and it was not overwhelming. At its root, it strengthened the relationship between my child and I. This program changed my family for the better.”

What is PCIT?

During sessions, trained therapists will coach families through 2 phases of treatment from behind a one-way mirror using a bug-in-the-ear device. The entire program usually takes between 12 and 20 sessions to complete, but is not time limited.

Phase 1: Relationship Enhancement

Goals:

- Increase warmth in the relationship
- Increase pro-social behaviors like sharing and taking turns
- Increase attention span

Phase 2: Behavior Management

Goals:

- Help child accept limits
- Increase listening
- Develop good behaviors at home and in public

Where to Go

We offer PCIT at locations throughout the Pittsburgh region, including:

Monroeville

Bridgeville

Wexford

For more information about where our offices are located, visit www.wfspa.org/contact.

Payment Options

PCIT is covered by most private insurances, medical assistance and CHIP. Families can also self-pay for sessions. For additional questions, call our Centralized Admissions department at (412) 342-2270.

