

Additional Ways to Volunteer with Wesley Family Services

There are many different ways to be a volunteer with Wesley Family Services and help children, adults, older adults, and families in your community! Learn more about ways to volunteer with the following programs at www.wfspa.org/volunteer-opportunities or email volunteer@wfspa.org

- PA MEDI Medicare Counseling
- Foster Grandparent Program class room volunteers
- Offer visiting, crafts, music or exercise for adults with disabilities, members of our drop in centers, or our DAS units
- Offer programs or activities at our Wellness Center
- Conduct follow-up quality and satisfaction calls with people who have used our services
- Assist with scheduling riders on our medical and grocery shuttles
- Attend resource fairs and out reach events in your community to share about Wesley Family Services Programs
- Help with yardwork and maintenance at our Community living homes or offices
- Assist at special events or serve on an Advisory Committee



**In Service of Seniors & Open
Your Heart to a Senior Volunteers**



Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.

*Empowering Lives,
Transforming Futures™*

**For more information about
ISOSP and OYHS, call:**

**412-345-7420
(Allegheny County)**

or:

**724-205-6282
(Westmoreland County)**

www.wfspa.org

**Drive
Shop
Visit
Care**

Volunteering just a few hours a month can make a world of difference in the lives of your older neighbors.



**Wesley
Family
Services®**

*Empowering Lives,
Transforming Futures™*



What are In Service of Seniors and Open Your Heart to a Senior?

In Service of Seniors and Open Your Heart to a Senior are programs that provide services with a mission to maximize the independence of older adults in Allegheny and Westmoreland counties through volunteer-based practical supports.

The programs have a strong, decades-long history of working with volunteers from the community, from universities, from religious congregations of all faiths, and from local businesses and professional groups to provide free neighborly services to adults age 60 and older.

“ I do feel cared about [and] like I matter to somebody...I feel very grateful. ”...A Program Participant

What Do Volunteers Do?

Volunteers provide help based on their interest and ability. Here are some of the opportunities available:

- Provide rides to/from medical appointments or to/from the grocery store for someone who is no longer driving
- Visit someone who may be lonely
- Help someone with vision impairment read and sort their mail
- Conduct a home safety walkthrough to help reduce the risk of falls at home
- Make a grocery store run for someone who is not able to leave home
- Make food pantry deliveries
- Make weekly phone calls to check-in and visit

Who Should Volunteer?

- Individuals
- Families
- Students
- Corporate Groups and Professional Organizations
- Faith-based groups
- Community Organizations

What are the Requirements to Volunteer?

All volunteers must complete a background check and volunteer drivers must complete a driving history check and have a valid license. Volunteers are also required to complete a volunteer orientation.

For More Information:

For more information about volunteering with In Service of Seniors and Open Your Heart to a Senior, please contact us at the following:

Phone:

412.345.7420 (Allegheny County)

724.205.6282 (Westmoreland County)

Email:

ISOS@wfspa.org (Allegheny County)

OYHS@wfspa.org (Westmoreland County)

Visit:

www.wfspa.org/volunteer-opportunities/

Funding

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