

Additional WFS Programs that Serve Older Adults

PA MEDI Medicare Counseling

PA MEDI is the State Health Insurance Assistance Program provided to Pennsylvania's Medicare beneficiaries. PA MEDI is a free program funded by the Pennsylvania Department of Aging and operated by Wesley Family Services in partnership with the Allegheny County Department of Human Services Area Agency on Aging.

Phone: 412.661.1438

Email: PA.MEDI@wfspa.org

Website: www.wfspa.org

Options Care Management

The Options Care program provides trained care managers to older adults so they can remain living in their homes. Options Care is funded through the Allegheny County Department of Human Services Area Agency on Aging.

Phone: 412.350.5460 or 800.344.4319

Email: Options-Care@wfspa.org

Website: www.wfspa.org

For more information about the Westmoreland County PA MEDI and care management programs, contact the Westmoreland County Area Agency on Aging at (724) 830-4444.



**In Service of Seniors & Senior
Open Your Heart to a Senior**



Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.

*Empowering Lives,
Transforming Futures™*

**For more information about
ISOS and OYHS, call:**

**412-345-7420
(Allegheny County)**

or:

**724-205-6282
(Westmoreland County)**

www.wfspa.org

Providing volunteer-based services to help older adults maintain their independence.





What are In Service of Seniors and Open Your Heart to a Senior?

In Service of Seniors and Open Your Heart to a Senior are programs that provide services with a mission to maximize the independence of older adults in Allegheny and Westmoreland counties through volunteer-based practical supports.

The programs have a strong, decades-long history of working with volunteers from the community, from universities, from religious congregations of all faiths, and from local businesses and professional groups to provide free neighborly services to adults age 60 and older.

How Can Someone Get Help?

Self-referrals are accepted, as well as referrals from family members and service coordinators. If you live in Allegheny County, please contact us by phone at 412-345-7420 or send an email inquiry to ISOS@wfspa.org. If you live in Westmoreland County, please contact us by phone at 724-205-6282 or send an email inquiry to OYHS@wfspa.org.

What Services are Provided?

- Friendly visiting or friendly phone calls once a week or every other week
- Assistance with grocery shopping
- Transportation to/from medical appointments, pharmacy, therapy, etc.
- Assistance reading and sorting mail
- Home safety assessments and grab bar installations to minimize fall and fire hazards
- Pick-up and delivery from food banks and grocery stores

Enrollment for many services can be completed by phone and by mail or email.

Because our programs rely on volunteers to provide services, we cannot guarantee assistance for every request.

Who is Eligible to Receive Services?

Allegheny and Westmoreland County residents aged 60 or older qualify for free help from our programs. Our programs are welcoming and open to all, regardless of income, race, sexual orientation, or religious affiliation.

Please note the following:

Volunteers provide transportation in their personal vehicles. Participants requesting transportation must be able to transfer into and out of a vehicle independently.

Volunteers are unable to assist with housecleaning, money management (including bill paying), meal preparation, personal care, pet care, grass cutting, or help with packing or moving.

Funding comes from the Allegheny County Area Agency on Aging and the Westmoreland County Area Agency on Aging, as well as donations from the community and family members of service recipients.



DEPARTMENT OF HUMAN SERVICES
AREA AGENCY ON AGING

