

Steak OR Chicken Salad

- 1 Caesar salad kit
- 1 package of chicken fingers, nuggets, or patties **OR**
- 1 package of grilled steak strips
- ½ red onion, diced
- 1 package of cherry tomatoes, cut in half
- 1 cucumber, diced
- 1 bell pepper, diced
- 2-3 radishes, sliced

Instructions:

- Follow the package of chicken or steak for heating instructions
- Assemble the salad with all the toppings
- **TIP:** Choose whatever toppings you like or what needs to be used from the fridge. For convenience, you can buy pre-cut vegetables in the produce section.
- Slice the meat and top it onto the salad.
- Serve with your favorite dressing and enjoy!

TIP: Pre-made dressing is quick and easy, but you can also save money and calories by making a simple oil and vinegar or lemon juice dressing using 3:1 ration of oil to vinegar/lemon juice. Add some salt, pepper and your favorite herbs or seasonings you already have on-hand.

TIP: Serve French fries on the side or in the salad for a Pittsburgh Salad!