

## A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services and activities for children, families, and adults living in the Western Pennsylvania region. We are committed to our mission...

*To empower children, adults and families by providing transformational care.*

Our services are developed in accordance with national service organizations, the Alliance for Children and Families, and the National Council for Community Behavioral Health and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation



**Mobile Psychiatric  
Rehabilitation**



## Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information or to make a  
referral, call:**

**412-342-2270**

[www.wfspa.org](http://www.wfspa.org)

Promoting  
and supporting  
hope in young  
adults aged 16 to 30 in  
Allegheny and  
Westmoreland County.





## Program Description

The Mobile Psychiatric Rehabilitation program offers services to help you obtain your goals and establish independence within your community. Mobile Psychiatric Rehabilitation (Mobile PR) works to support and promote hope and independence, and assist you in developing your full potential so that you become an asset to your community.

## Accessing Services

Services provided by Mobile PR are voluntary. In order to access these services you must:

- Be between the ages of 16 and 30
- Currently reside in Allegheny or Westmoreland County
- Be willing to participate in this voluntary program
- Be willing to work towards increasing independent living skills and other personal goals in one of the following domains: Living, Learning, Working, Social
- Have a primary mental health diagnosis (severe and persistent mental illness or severe emotional disturbance)

Once accepted into the program, a worker will meet with you and help you develop a plan of action to achieve your goals. A thorough assessment and a person-centered and goal-oriented service plan, i.e., Individual service plan will be completed.

## Living, Learning, Working and Socializing

The Mobile Psychiatric Rehabilitation program will support you in:

- Building and maintaining supports
- Accessing and assessing services and community resources
- Advocating for your needs and goals
- Problem resolution
- Learning or improving budgeting skills
- Locating and maintaining housing
- Continuing your education and/or obtaining your GED
- Locating, obtaining and maintaining employment
- Accessing and using public transportation or county transportation resources
- Accessing and maintaining mental health services/treatment
- Group activities for enhancing your independent living skills and/or positive social contacts

## Peer Support Services

In addition to the Mobile Psychiatric Rehabilitation team, the program also offers peer support through group activities and interaction with other peers in the community. Some of the benefits of peer support include, but are not limited to:

- Understanding life's obstacles through sharing experiences
- Helping to advocate for needs and goals
- Practicing needed skills in a real life environment
- Providing feedback and support throughout the learning processes
- Accessing services and resources
- Instilling hope ("I am the evidence")

## For Additional Information

To learn more about the Mobile Psychiatric Rehabilitation program, please contact:

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