

A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services and activities for children, families, and adults living in the Western Pennsylvania region. We are committed to our mission...

To empower children, adults, and families by providing transformational care.

Our services are developed in accordance with national service organizations, the Alliance for Strong Families and Communities, and the National Council for Community Behavioral Health and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation.



**Mental Health
Outpatient Services**

Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information about all
Wesley Family Services programs,
please call:**

412-342-2270

www.wfspa.org

Providing integrated treatment and therapy services for individuals of all ages who are seeking mental health supports and services.--



**wesley
family
services®**





Sustaining Your Mental Health

At Wesley Family Services, we believe that mental health is just as important as an individual's physical health. We believe in the capacity of each individual to achieve wellness and their greatest level of functioning in directing their own life. This is achieved through a partnership involving the individual, the individual's family, social and community resources, and by the promotion of personal growth by utilizing a strength based approach.

Mental health encompasses our emotional, psychological, and social well-being, and affects how we think, feel, and act, and how we relate to friends and family and make everyday choices.

One's mental health can be affected by:

- biological factors (like genes and brain chemistry)
- life experiences (such as abuse, trauma, and neglect)
- a family history of mental health issues.

Wherever you find yourself, our staff of licensed therapists, clinicians, psychologists, counselors, nurse practitioners, psychiatrists and nurses are here to help, providing you with support, and working with you to determine the best treatment plan that is suited to your individual needs and goals.

Program Background

Our Outpatient Services include mental health assessments and psychiatric evaluations, individualized plans of care, medication monitoring, and individual, family, and group therapy options for children, adolescents and adults.

Our staff is committed to providing care in diverse developmental, educational, and therapeutic settings and assist individuals in their efforts to obtain treatment goals.

Our programs provide structure and support, are guided by the individual's immediate and long term goals, and incorporate evidence based interventions and treatments.

Eligibility Requirements

Mental Health Outpatient Services are appropriate for:

- Individuals who have a mental health diagnosis or are in need of an evaluation
- Individuals who may be in need of psychiatric evaluation and medication monitoring
- Individuals who are experiencing psychiatric symptoms

Treatment Locations

Mental Health Outpatient Services are offered at the following agency locations:

- 1045 4th Avenue, New Kensington, PA 15068
- 90 West Chestnut Street, Suite 200EW, Washington, PA 15301
- 100 Emerson Lane, Suite 1525, Bridgeville, PA 15017
- 16055 Perry Highway, Wexford, PA 15090
- 4250 Old William Penn Highway, Monroeville, PA 15146

For Additional Information

For additional information about Mental Health Outpatient Services at Wesley Family Services, or to schedule an appointment, please call:

412-342-2270

