

Playing together  
to build  
your  
relationship



Using praise and  
rewards to  
encourage positive  
behavior



Setting clear  
limits



Effective and  
positive discipline  
techniques

# It's Incredible! And Fun!

Parenting is a lot of hard work! Especially during a Pandemic! Join us to find ways to make parenting easier and fun for both you and your child.

## The Incredible Years® Parenting Program for foster parents!

Tuesdays, October 5th — January 25th  
Class 6-8pm

Sessions will take place via Zoom

*\*Adults only*

Earn incentives and have fun while you learn!

**To enroll, contact:**

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ParentWISE Program of Wesley Family Services



*\*Classes and incentives are provided by WFS Foster Care*