

Playing together
to build
your
relationship



Using praise and
rewards to
encourage positive
behavior



Setting clear
limits



Effective and
positive discipline
techniques

It's Incredible! And Fun!

Parenting is a lot of hard work! Especially during a Pandemic! Join with us to find ways to make parenting easier and fun for both you and your child.

The Incredible Years® Parenting Program

For Teen Parents

Tuesdays and Wednesdays, June 22nd - August 4th

11-1pm

***Class will take place via Zoom**

Earn incentives and have fun while you learn!

To enroll, contact:

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ParentWISE Program of Wesley Family Services



**Classes, incentives, provided through a grant from the Westmoreland Drug and Alcohol Commission*