

Playing together  
to build  
your  
relationship



Using praise and  
rewards to  
encourage positive  
behavior



Setting clear  
limits



Effective and  
positive discipline  
techniques

# It's Incredible! And Fun!

Parenting is a lot of hard work! Especially during quarantine! Join with us to find ways to make parenting easier and fun for both you and your child.

**The Incredible Years® Parenting Program**

**Thursdays, February 11, 2021-June 10, 2021**

**Class 6:00-8:00 PM**

**\*Class is held via Zoom**

*\*Adults only*

Earn incentives and have fun while you learn!

**For parents with children ages 2-10**

**To enroll, contact: Shana Orlic**

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ParentWISE Program of Wesley Family Services



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