

Please Join Us for an Anxiety Support Group

A mental health support for school-aged children utilizing a telehealth platform. Cognitive behavioral therapy approach with a focus on helping children recognize and manage anxiety related to COVID-19 and practice healthy coping skills during social distancing.

**Every Tuesday from 3:00 - 4:00 PM
for group inclusion, please call
412-342-2270**

Most Insurances Accepted



wesley family services®