



Community and School Based Teams

Westinghouse Academy 6-12

Removing barriers to learning to promote student success...

The School Based Behavioral Health Teams provide therapeutic expertise and comprehensive services to meet the needs of students, families, and school personnel.

School Based Behavioral Health teams are a collaborative effort between Wesley Family Services and Community Care Behavioral Health.

The school staff works diligently with students to provide support and strategies to keep students engaged at school. However, there are times when the extra efforts may not be enough. A student may be referred to the Student Assistance Team for consideration of School Based Behavioral Health Services if he or she demonstrates any of the following:

- Extended periods of sadness or worry
- Missing school or classes
- Repeated disciplinary actions
- Behavior is interfering with learning
- Trouble coping with difficult life events
- Difficulty making and keeping friends
- Low motivation
- Poor organizational skills

A Clinical team is available seven days a week to offer comprehensive clinical services to children and families in the home, school and community. The program provides individual and group interventions which focus on building interpersonal skills, new coping options, conflict resolution, decision making and wellness planning. Services are delivered flexibly to meet each child's individual needs. The Therapist can consult with teachers to help them understand how stress and life challenges impact learning and create positive strategies to help students to overcome these challenges.

Services Offered

- Individual Counseling
- Group Interventions
- Family Therapy
- Crisis Support/Intervention
- Classroom observation and strategies for teachers
- Case Management services
- Connection to community programs

Referral Sources

- Student Assistance Team
- Parent
- Building Principal
- Community Provider

** Releases and parent authorization forms must be signed prior to any student receiving services.*

Call **412.342.2300** or visit **www.wfspa.org** for more information.