

## A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services and activities for children, families, and adults living in the Western Pennsylvania region. We remain committed to our mission...

*To empower children, adults, and families by providing transformational care.*

Our services are developed in accordance with national service organizations, the Alliance for Children and Families, and the National Council for Community Behavioral Health and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation.



Senior Day Program



**Empowering People.  
Strengthening Communities.  
Transforming the Future.**

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information about  
our Senior Day Program, call:**

**412-447-0009**

[www.wfspa.org](http://www.wfspa.org)



Social,  
recreational,  
and health services  
for physically and/or  
intellectually challenged  
senior adults.





## Senior Day Program

At the Senior Day Program, we provide hands-on, personalized care for aging family members with functional impairments in our fully licensed program. Our retirement- focused programming is run by experienced staff with a history of success working with adults with intellectual disabilities. We offer a range of customizable programming aimed at empowering the lives of older adults with individual focus on their social, intellectual, emotional, and physical needs.

### Eligibility Requirements

To qualify for the Senior Day Program, individuals must meet the following qualifications:

- Age 60 or older
- Have a functional impairment and be in need of services.

## Our Services

The Senior Day Program operates in a relaxed environment and provides:

- A social environment to develop friendships with peers while still living at home.
- Recreational activities designed to maintain and improve physical and intellectual capabilities, including arts and crafts, exercise programs, music, parties and more.
- A Program Specialist assigned to each case, guaranteeing personalized care.
- Personalized attention with a regulated participant to staff ratio: 1 staff member for every 6 participants.
- An individualized service plan to ensure we do our best to serve you.
- Vocational and Community Participation Services for interested participants.
- Travel assistance through the Allegheny County ACCESS program and the Westmoreland County Byers Service programs.

## Building a Program that's Right for You

When you arrive at our Senior Day Program, you and a staff member will work together to build a personalized service plan for your family member. We answer many questions with this plan:

- What kind of activities does the participant enjoy?
- What is the best way to get to know them?
- What type of attention will make them feel most comfortable and cared for?
- What are their physical, emotional, and social needs and preferences?
- What goals do they have for themselves while here?

These plans are updated as often as necessary to ensure we maintain the level of care that our participants need. Our commitment is that everyone receives the personalized attention they need to lead an enriching life.

## Contact Information

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