

## A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services and activities for children, families, and adults living in the Western Pennsylvania region. We are committed to our mission...

*To empower children, adults, and families by providing transformational care.*

Our services are developed in accordance with national service organizations, the Alliance for Strong Families and Communities, and the National Council for Community Behavioral Health and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation.



**Mental Health  
Outpatient Services**

## Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information about all  
Wesley Family Services programs,  
please call:**

**412-342-2270**

[www.wfspa.org](http://www.wfspa.org)

Providing  
integrated  
treatment and  
therapy services for  
individuals of all ages  
who are suffering with a  
mental illness.





## Sustaining Your Mental Health

At Wesley Family Services, we believe that mental health is just as important as an individual's physical health. Even though mental health issues are not always visible to the naked eye, we know that nearly everyone throughout the course of their lifetime will at one point struggle with some issue to varying degrees.

Mental health encompasses our emotional, psychological, and social well-being, and affects how we think, feel, and act, and how we relate to friends and family and make everyday choices. One's mental health can be affected by:

- biological factors (like genes and brain chemistry)
- life experiences (such as abuse, trauma, and neglect)
- a family history of mental health issues.

Wherever you find yourself, our staff of licensed therapists, clinicians, psychologists, counselors, and psychiatrists are here to help, providing you with support, and working with you to determine the best treatment plan that is suited to your individual needs and goals.

## Program Background

Our Outpatient Services include mental health assessments and psychiatric evaluations, individualized plans of care, medication monitoring, and individual, family, and group therapy options for children, adolescents and adults.

We also know that there are many times when an individual may be struggling with a mental health issue and with a substance abuse issue. That is why we have mechanisms in place to treat co-occurring disorders. Our integrated treatment and therapies offer a range of services dependent upon an individual's need and can include resources to assist with lifestyle changes related to addiction.

Our staff is committed to providing care in diverse developmental, educational, and therapeutic settings and assist individuals in their attempts to deal with issues and symptoms related to mental health.

Our programs provide structure, support, and expectations, but will be guided by an individual's immediate and long term need and they incorporate evidence based interventions and treatment.

## Eligibility Requirements

Mental Health Optpatient Services are appropriate for:

- Individuals who have a mental health diagnosis or are in need of an evaluation
- Individuals who may be in need of psychiatric evaluation and medication monitoring
- Individuals who are experiencing psychiatric symptoms

## Treatment Locations

Mental Health Oupatient Outpatient Services are offered at the following agency locations:

- 100 Emerson Lane, Suite 1525, Bridgeville, PA
- 310 Central City Plaza, New Kensington, PA
- 201 Corbet Street, Tarentum, PA
- 90 West Chestnut Suite 200EW, Washington, PA
- 16055 Perry Highway, Wexford, PA

## For Additional Information

For additional information about Mental Health Outpatient Services at Wesley Family Services, or to schedule an appointment, please call: 412-342-2270

