

## Additional Ways to Volunteer with Wesley Family Services

### APPRISE Medicare Counseling

Do you like to solve complex puzzles? As an APPRISE volunteer, you will have the opportunity to learn about the Medicare system and help people with Medicare insurance understand their benefits and assistance options.

**Phone:** 412.661.1438

**Email:** APPRISE@wfspa.org

**Website:** www.wfspa.org

### Bee Kind/No Kidding About Bullying Presenter

Would you like to spend an hour reading to children? If so, you could be a Bee Kind/No Kidding About Bullying presenter! Bee Kind/No Kidding About Bullying is a literacy-based kindness program that visits preschools, Head Start Centers and elementary classrooms 4 times to help children ages 3-12 learn positive social skills, tolerance and conflict resolution.

Please contact Shana Orlic, Bee Kind Coordinator to find out more:

**Phone:** 724.217.8303

**Email:** Shana.Orlic@wfspa.org

**Website:** www.wfspa.org



## Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



For more information about  
In Service of Seniors: Pittsburgh, call:

# 412-345-7420

[www.wfspa.org](http://www.wfspa.org)

**In Service of Seniors:  
Pittsburgh Volunteers**

## Drive Shop Visit Care

Volunteering just a few hours a month can make a world of difference in the lives of your older neighbors.





## In Service of Seniors: Pittsburgh (ISOSP)

Founded in 1992, In Service of Seniors: Pittsburgh works with volunteers from the community, from universities, from religious congregations of all faiths, and from local businesses and professional groups to provide free neighborly services to adults age 60 and older.

ISOSP provides services with a mission to maximize the independence of older adults in the Pittsburgh area and reduce the loneliness many of them often experience in their later years by providing volunteer-based practical supports.

**“ Life’s most persistent and urgent question is, what are you doing for others? ” ...Martin Luther King, Jr.**

## What Do Volunteers Do?

- Provides rides to/from medical appointments or to/from the grocery store for someone who is no longer driving
- Visits someone who may be lonely
- Helps someone with vision impairment read and sort their mail
- Conducts a home safety walkthrough to help reduce the risk of falls at home

## Who Should Volunteer?

- Individuals
- Families
- Students
- Corporate Groups and Professional Organizations
- Faith-based groups
- Community Organizations

## What are the Requirements to Volunteer?

All volunteers must complete a background check and volunteer drivers must complete a driving history check and have a valid license. Volunteers are also required to complete a volunteer orientation.

## For More Information:

For more information about volunteering with In Service of Seniors: Pittsburgh, please contact at the following:

**Phone:** 412.345.7420

**Email:** [ISOS@fswp.org](mailto:ISOS@fswp.org)

**Visit:** [www.wfspa.org/volunteer-opportunities/](http://www.wfspa.org/volunteer-opportunities/)

## Open Your Heart to a Senior

In Service of Seniors Pittsburgh is a partner in the United Way of Southwestern Pennsylvania’s Open Your Heart to a Senior volunteerism initiative, working to ensure that caring volunteers are matched with area seniors in need of neighborly assistance.

