

## Other Services by ParentWISE

- Weekly parent support groups with free child care provided by volunteers
- Helpline for parents to call with parenting concerns
- Family Education Classes
- Educational Opportunities for Professionals
- Caregiver Educational Workshops
- Family-focused Special Events

## For More Information

For more information on the Bee Kind/No Kidding About Bullying curriculum, or any of our services offered through ParentWISE, contact:

### Shana Orlic, Parent Community Educator

ParentWISE Program

Wesley Family Services

521 Plymouth Street, Greensburg, PA 15601

Ph: 724.217.8303

Email: Shana.Orlic@wfspa.org

## Educational Improvement Tax Credit (EITC)

BeeKind qualifies for support through Pennsylvania's EITC program. Companies can receive tax credits equal to 75% of their contribution or up to 90% for two-year charitable commitments. Learn more about donating through EITC by calling 724.217.8303.



**Empowering People.  
Strengthening Communities.  
Transforming the Future.**

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information about the  
Bee Kind/No Kidding About Bullying  
curriculum, call**

**724-217-8303**

[www.wfspa.org](http://www.wfspa.org)

**Bee Kind/No Kidding  
About Bullying**



A kindness curriculum tailored for children ages 3 through 12.





## Teaching Kindness

The culture we live in has a propensity towards violence and hurtful acts. Whether it is bullying, social struggles of acceptance, or the influence of media and environment, our children are at risk. What can we do to counteract this presence of violence and lack of care for others? Research shows the importance of educating children at an early age about appropriate social interactions and the effects of unkind behavior. Our children are hurting for a vast number of reasons and need to learn the benefits of giving and receiving kindness. Kindness is a learned behavior: learned from parents and other family members who model kind behavior; teachers and other school personnel; and peers who share the attitude of kindness.

To support the idea of being kind to those around you, the ParentWISE Program of Wesley Family Services offers a “kindness” curriculum for preschools, Head Start/day care centers, public and private elementary schools, libraries, camps, etc. for children up to the sixth grade. **Bee Kind/No Kidding About Bullying** reaches children with its message of kindness and peaceful decision making.

## What to Expect

Bee Kind is a series of four 30-40 minute sessions which emphasize positive social skills with developmentally appropriate curriculum designed to increase favorable behaviors such as sharing, kindness, empathy, self-respect and respect for others. Each program lesson consists of a story, discussion, and a craft or activity that relates to the story’s theme. Six topics are reflected in the programs. The topics include:

- Self-Esteem
- Acceptance of Differences
- Giving and Kindness
- Friendship and Peer Pressure
- Anger and Hurtful Behavior
- Bullying and Peaceful Conflict Resolution

Classroom teachers can choose four programs that meet the needs of their students and the current social situations in their classrooms. ParentWISE provides all of the materials for each session. In addition children are given gifts of kindness with every visit from Bee Kind - a coloring book, a pencil, a sticker, and a Bee Kind Club membership card. At the end of the series, teachers and parents are also asked to complete evaluation forms so that we may continue to meet the needs of those interested in our Bee Kind program.

## Arrange a Bee Kind Series

You can arrange a Bee Kind series by calling ParentWISE staff at 724.217.8303. Your presentation will be scheduled with a staff member or trained volunteer. Every attempt is made to schedule as quickly as possible, but the schedule fills up quickly, so call Bee Kind/No Kidding About Bullying today!

**Series Fee:** Classroom series fee is \$75.00 which includes four 30 - 40 minute visits, all the supplies needed for the presentations and activities, and a small gift for each child.

## Bee Kind Program Levels

### Preschool Age 3

- *I Like Myself* by Karen Beaumont
- *It’s Okay to Be Different* by Todd Parr
- *Not Fair, Won’t Share* by Sue Graves
- *Words Are Not for Hurting* by Elizabeth Verdick
- *Hands Are Not for Hitting* by Martine Agassi, Ph.D.
- *What Do You Say When a Monkey Acts This Way?* By Jane Belk Moncure

### Preschool Age 4

A rotating series of age- appropriate books. Please contact ParentWISE for a complete list of titles.

### Kindergarten

- *Stand Tall, Molly Lou Melon* by Patty Lovell
- *Farfallina & Marcel* by Holly Keller
- *The Giving Tree* by Shel Silverstein
- *The Kindness Quilt* by Nancy Elizabeth Wallace
- *Odd Velvet* by Mary E. Whitcomb
- *Zach Apologizes* by William Mulcahy
- *Bullies Never Win* by Margery Cuyler

### First Grade

- *Carla’s Sandwich* by Debbie Herman
- *The Only One Club* by Jane Naliboff
- *The Rainbow Fish* by Marcus Pfister
- *Ruby the Copycat* by Peggy Rathman
- *Snail Started It* by Katja Raider
- *Nobody Knew What to Do* by Becky Ray McCain

### Second Grade

- *Hooray for You* by Marianne Richard
- *A Bad Case of Stripes* by David Shannon
- *Kindness Is Cooler, Mrs. Ruler* by Margery Cuyler
- *My Secret Bully* by Trudy Ludwig
- *Sorry!* By Trudy Ludwig
- *Say Something* by Peggy Moss

### Anti-Bullying Education Series, Grades 3-6

A four to six part series focusing on bullying using lessons found in the No Kidding About Bullying curriculum. Lesson includes topics such as Understanding Our Anger Triggers, Communicating with I-Statements, Being an Upstander, Showing Kindness and Changing Our Conflict Habits.

“No kind action ever stops with itself. One kind action leads to another.”