

## A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services and activities for children, families, and adults living in the Western Pennsylvania region. We remain committed to our mission...

***To empower children, adults and families by providing transformational care.***

Our services are developed in accordance with national service organizations, the Alliance for Children and Families, and the National Council for Community Behavioral Health and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation.

The Community Integration Program is licensed by the PA Dept. of Human Services (DHS, 55 PA Code 2390 Vocational Facility Regulations) and is monitored through The Office of Developmental Programs (ODP) including Provider Qualification and Provider Monitoring. Wesley Family Services is also accredited through the Council of Accreditation (COA). These monitoring processes serve as the foundation of assuring customer satisfaction and the provision of service excellence.



**Adult Behavior Support Services**



**Empowering People.  
Strengthening Communities.  
Transforming the Future.**

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information on  
Adult Behavioral Supports Services,**

**call:**

**412-447-0128**

[www.wfspa.org](http://www.wfspa.org)

Providing direct and indirect behavior support services for individuals with an Autism Spectrum or Intellectual Disability diagnosis.





## What to Expect from Behavior Supports

- **Behavioral Support is very different than talk therapy.** Some individuals are able to talk about their behaviors and what would help them change their behaviors. However others are not able to and most of the work will be with staff working with these individuals.
- **Most of the behaviors have to be addressed in the moment when they are happening.** The best way for the Behavior Specialist to do this is to see the behaviors.
- **If certain staff or family members experience behaviors more often, the Behavior Specialist should conduct sessions with these individuals.** The goal would then be to coach that staff or family member through the interventions for the problem behaviors.
- **When the Behavior Specialist is present they will review any recent behaviors with staff as well as any data collected by staff or individuals.** Staff are expected to provide any completed data sheets to the Behavior Specialist.
- **The Behavior Specialist will model interventions for staff or other caregivers.** This includes reviewing with staff how to complete the data collection.
- **If the Individual is able to talk about their past behaviors, the Behavior Specialist will review with them behaviors that occurred during the past week, progress, behavioral interventions, and data collection by the individual.**

## Program Overview

Adult Behavior Support Services provide direct and indirect services including assessment, development of a crisis plan, and creation of a behavior support plan including interventions and strategies to support the individual based upon the assessment. The service includes training the individual, staff, parents, and caregivers on these interventions and strategies. Services must meet the identified needs of the individual as documented and authorized in the service plan.

## Benefits

Behavior Supports are designed to maintain clients in their home and community setting while focusing on specific, targeted goals. Individuals will build lifelong skills leading to increased independence and participation in natural supports. Staff will transfer abilities and interventions to the individual, family direct support staff and caregivers by providing state of the art services and interventions including proactive strategies and data-based decision-making.

## Admission Criteria

- Adults over the age of 21 (with the exception of the Bellwood TAP Program: individuals 18-25)
- The adult must have an Autism Spectrum Diagnosis or an Intellectual Disability diagnosis
- The adult must have Consolidated, P/FDS, or Adult Autism Waiver Services
- The adult must meet at least one of the following:
  - \* Live in a WFS CLA/group home
  - \* Attend WFS vocational program
  - \* Attend another vocational program
  - \* Live with family
  - \* Live in a supportive housing environment such as TAP (Transition age Program)
  - \* Live in an independent living situation

## Referral Process

- For WFS clients residing in CLA homes, or those in Pre-vocational, Adult Development Training, or the SAGE program, Behavior Supports can be requested by the Program Specialist, IDD Director, the individual, family, or Supports Coordinator. This will be done by completing the referral form and sending it with a copy of the Individual Support Plan (ISP) to Carrie Winner, Program Director, at [Carrie.Winner@wfspa.org](mailto:Carrie.Winner@wfspa.org)
- For non-WFS clients, the Supports Coordinator will first need to add these services to the ISP. The Supports Coordinator can complete the referral form and send it along with a copy of the ISP to Carrie Winner.

