# Additional Wesley Family Services Programs that Serve Older Adults

### In Service of Seniors: Pittsburgh

Volunteers are connected with older adults in their neighborhood to provide practical supports, e.g., rides to appointments, help with grocery shopping, and friendly visiting. Services are offered free of charge to Allegheny County residents age 60+.

Phone: 412.345.7420 Email: ISOS@wfspa.org Website: www.wfspa.org

#### **Options Care Management**

The Options Care Management program provides trained care managers to assist older adults in finding services so they can remain living in their homes.

Options Care is funded through the Allegheny County Department of Human Services Area Agency on Aging.

Phone: 412.350.5460 or 800.344.4319
Email: OptionsCare@wfspa.org
Website: www.wfspa.org





# Empowering People. Strengthening Communities. Transforming the Future.

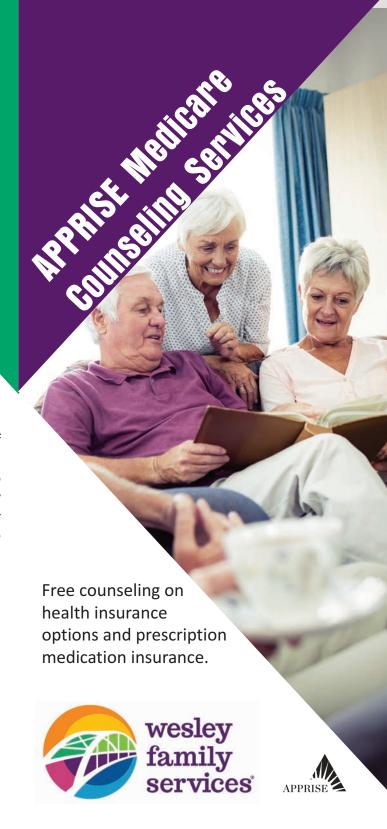
Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When someone in our community is in need, our volunteers are there to help.

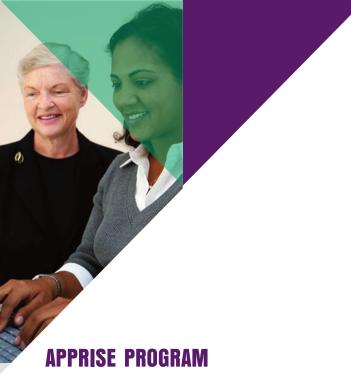


For more information about APPRISE Volunteer Opportuntiies, call:

412-661-1438

www.wfspa.org





The APPRISE program helps people understand their Medicare and other health insurance benefits, and assists them in making informed decisions about their health care options. APPRISE counselors work individually and confidentially with individuals to determine their health care needs and preferences, compare health insurance options and obtain Medicare and supplemental coverage that fits their

We can help with the following programs:

- Medicaid
- Medicare Savings Program

lifestyle and their budget.

- Extra Help, PACE, Pennsylvania Patient Assistance Program
- The way in which Medicare interacts with each.

# APPRISE Counselors Will Assist You In...

- Understanding your Medicare benefits by explaining what services are covered under Medicare Parts A and B and your Medicare Summary Notice
- Understanding your Medicare Prescription Drug (Part D) benefit
- Making informed choices about Medicare coverage options, Medigap policies, and Medicare Advantage Plans
- Understanding Medicare eligibility andenrollment
- Understanding financial assistance programs that may be available to help pay for your Medicare premiums, deductible and copays, as well as your prescription drug needs (Extra Help and Medicare Savings Plan)
- Understanding and assisting with the
- Medicare appeal process
- Understanding benefits under Longterm Care policies

The APPRISE Program is also available to make presentations to local groups and organizations.

## APPRISE POINT OF CONTACT

APPRISE counselors assist clients over the phone, via email, and in person. Contact us today with your Medicare questions or to schedule your one-on-one counseling session:

Phone: 412.661.1438 Email: APPRISE@wfspa.org Website: www.wfspa.org

### **More On Apprise**

APPRISE is Pennsylvania's State Health Insurance Assistance Program (SHIP). APPRISE is a program of the Pennsylvania Department of Aging and provides free, unbiased insurance counseling to help Pennsylvanians of all ages who are Medicare beneficiaries understand their Medicare and other health insurance benefits.

In Allegheny County, the APPRISE program is operated by Wesley Family Services in partnership with the Allegheny County Area Agency on Aging.

This project was supported, in part by grant number 1801PAMISH-00 from the U.S.
Administration for Community Living,
Department of Health and Human Services,
Washington, D.C. 20201. Grantees
undertaking projects under government
sponsorship are encouraged to express
freely their findings and conclusions. Points
of view or opinions do not, therefore,
necessarily represent official
Administration for Community
Living policy.

