

A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services, and activities for children, families, and adults living in the Western Pennsylvania region. We remain committed to our mission...

To empower children, adults and families by providing transformational care.

Our services are developed in accordance with national service organizations, the Alliance for Strong Families and Communities, and the National Council for Community Behavioral Health and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation.



**Family Based Mental Health &
Family Focused Solution Based**



Empowering People. Strengthening Communities. Transforming the Future.

Every day, the caring, highly-trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information about
Wesley Family Services programs,
call:**

412-342-2270

www.wfspa.org

Providing confidential counseling, supports and services to adults, children and families in Allegheny, Beaver, Washington, and Westmoreland Counties.





Program Overview

Our Family Based Mental Health and Family Focused Solution Based Services are designed to keep families together within the home and community, with the family being the primary caregiver. Treatment is focused on the family as a whole, empowering the family to use existing strengths and skills as well as natural supports to make positive, long-lasting changes that will help them develop self-reliance and improve quality of life. Services are designed to return a child and/or adolescent to the home, or to prevent an out-of-home placement.

Services are delivered by a team that includes a Master's level therapist and a Bachelor's level therapist, provided in the home or community, and adapted to accommodate the schedules of family members.

Our staff will work collaboratively with the family, natural supports, and other services providers to set goals, provide services, monitor progress, and plan for discharge. Families are encouraged to take an active role in treatment assessment, planning, and implementation. We design services to be least restrictive, time-limited, and culturally competent.

Services Offered

Family Based Mental Health Services

This is the most intensive, family-focused, mental health service, can be provided for up to eight months, and is offered in Allegheny, Beaver, Washington, and Westmoreland Counties.

Family Focused Solution Based Services

This is considered to be less intensive, can be provided for three-to-six months, and are offered in Allegheny County.

Services for both Family Based Mental Health and Family Focused Solution Based Services include:

- Family therapy
- Co-parenting and individual therapy
- Crisis prevention, intervention, and stabilization 24 hours a day
- Skill development and behavioral management
- Coordination and collaboration with other social services and education systems.

Eligibility Requirements

These are voluntary services and require consent for initiation as well as a completed referral form or precertification form. In addition, Family Based Mental Health Services (Children under the age of 21) requires a psychological/psychiatric evaluation or prescription letter from a doctor recommending this service as medically necessary.

Additional Information

Services are available 24 hours a day, seven days a week with a crisis hotline also available 24 hours a day, seven days a week.

There are no fees to families for these services. We accept payment from Medical Assistance, and the County Behavioral Health and Developmental Services Offices.

To learn more, please call 412.342.2205, or contact our Centralized Admissions office at 412.342.2270.

