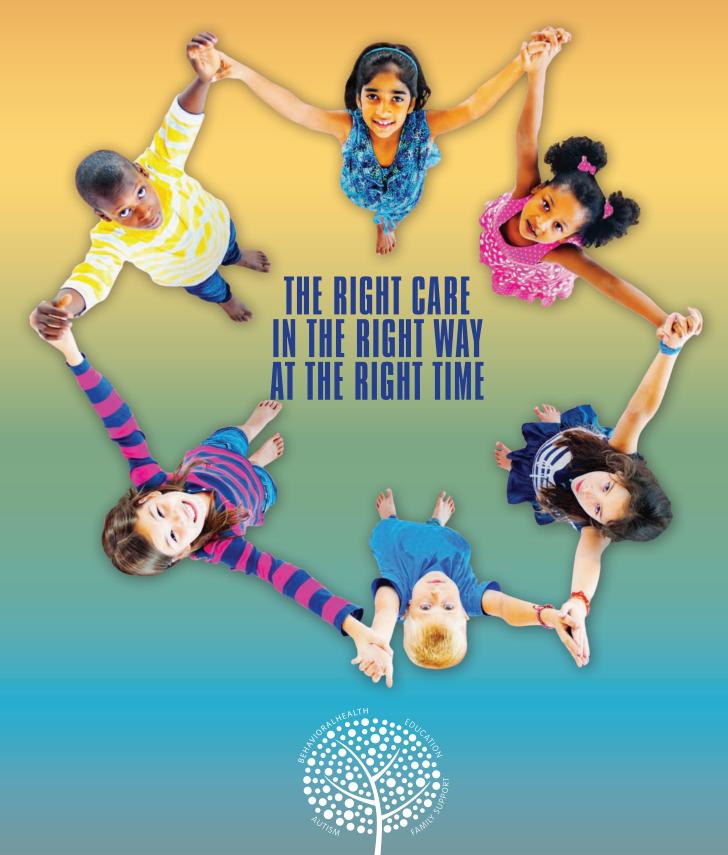
PROVIDING A SPECTRUM OF TRANSFORMATIONAL SUPPORT



WESLEY SPECTRUM

2016 ANNUAL REPORT



OUR PURPOSE AND HISTORY

For 51 years the challenges have been great, but our commitment has grown in impact from serving just one child in 1965 to serving over 5,800 individuals through education, behavioral health, and autism and family support services today. Wesley Spectrum is comprised of over 400 professionals with expertise in diverse disciplines – all focused on helping kids reach their potential and preserving families in the process. Wesley Spectrum's holistic and engaged approach positively impacts the lives of more than 5,800 children and their families each year. Every day, in schools, at clinics and in homes, we provide vital services to kids and families in the communities of southwestern Pennsylvania. We are here to provide the right care, at the right time, in the right way.

OUR MISSION

Our mission is to provide transformational support for children and families as they strive to become more independent, responsible, and caring members of the community.

OUR CORE VALUES

Our purpose is to serve. Children, families, and adults are at the center of decision-making.

Every person is valuable. Every person has strengths.

OUR SERVICE PHILOSOPHY

Wesley Spectrum transforms the lives of the children, families, schools, and communities we serve through an unconditional commitment to the right care, delivered in the right way, at the right time.





Wesley Spectrum Staff



Wesley Spectrum Locations in Western Pennsylvania

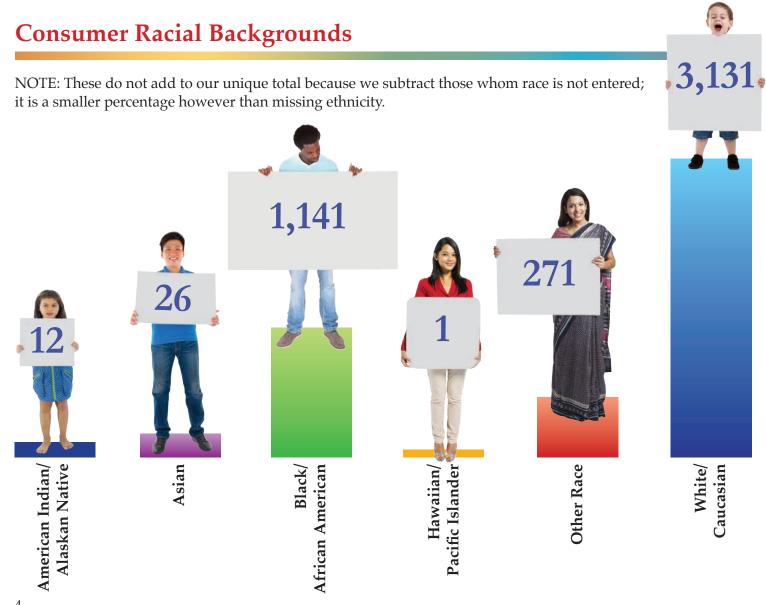
OUR CORE VALUES

Our purpose is to serve. Children, families, and adults are at the center of decision-making. Every person is valuable. Every person has strengths.



Ages of consumers served





4

Quality and Effectiveness

From our annual satisfaction survey:

85% of consumers say that staff encourage them to be responsible for their behavior.

84% of consumers agree that staff believe they can grow and change.



92% of parents say if they had other choices, they would still get services with Wesley Spectrum.

97% of parents say that their family is actively involved in determining the goals of their child or family's service plan and revising them when necessary.

The following comments were reported on the Annual Client Satisfaction Survey:

"This was the first time we had services that felt appropriate and responsive to our needs and family composition" – parent of a child receiving family-based services

"They help me when I need them. I feel safe with them all the time" – 10-year-old female receiving school-based services

"I can improve my socialization skills and make new friends" – 18-year-old male in Wonder Kids

> "It's very care intensive and understanding of many of my problems. It helps me expand on things I have difficulties with and gives me someone to discuss them in depth with." - male at Wesley Spectrum High School "I can speak my n

"I get helped to learn better coping skills" – 10-year-old male receiving BHRS services

"I have been very satisfied with the quality of services my child receives. Staff members have been knowledgeable, timely and consistent. My son has grown so much this year."

– parent of a child receiving BHRS services

"I would just like to thank everyone for working with my son - we have seen what we knew was in him and it is awesome!" – parent of a student at Wesley Spectrum High School "I liked the concern and responsiveness from our team. They gave us skills to deal with the needs of our son in a very positive way." – *parent of a child receiving family-based services*

"[This] is the first clinician who was able to connect with my daughter and gave me hope that I can become a better parent to her." – parent of a child receiving family-based services

"Wesley has been the best thing ⁻¹ ever for me and I love it!" - female student at Wesley Spectrum High School

84%

"I'm learning how to read" – male in kindergarten at Wesley Spectrum

> "I learn how to make friends" – 11-year-old female in Wonder Kids

y problems. gives me "Therapy here has helped me tremendously in getting back in touch with who I really am." - adult recipient of drug & alcohol counseling

"I can speak my mind and get things off my chest and get advice on how to cope with my feelings" – 14-year-old female receiving school-based services

"For the past three years since [my child] has been attending Wesley, I have seen a lot of improvement. The staff is great, every year they are understanding, considerate, and do their jobs right. I really like the school and would recommend it to anyone" – *parent of a child in Wesley's K-8 school*

"My child started the Music Therapy program when he was just shy of 2 years of age for speech delays (said 3 words). He is now 30 months old and speaking in full sentences. We attribute this huge increase in skills to the work that [Creative Arts therapists] have done with our son. We can't thank them enough." – *parent of a child in Creative Arts*

"If my son had not got the help and support from Wesley Services and school I do not know if he would be the person - interactive teenager - he is today." *– parent of a student at Wesley Spectrum High School*

"The strength and support emotionally, and educational goals, were so well planned and followed through...

my daughter could not have made it through her high school years to graduation without them."

– parent of a child receiving school-based services

Education

We serve students who have experienced barriers to learning for a variety of educational and behavioral health reasons. Our students come from more than 50 school districts across five counties.

Wesley Spectrum Schools are Private Academic Schools licensed by the Pennsylvania Department of Education. Our schools are licensed for Kindergarten, Elementary and Secondary Education respectively along with the Special Education categories of Autism, Learning Disabilities and Social/Emotional Disturbance. Capacity for the Wesley Spectrum K-8 School is 120 students. Capacity for the High School is 168 students.

Both schools also hold status as an Approved Private School (APS) with funding approval from the Pennsylvania Department of Education. Students enrolled in the APS must meet eligibility for Special Education in the categories of Autism or Serious Emotional Disturbance.

22 of 29 seniors that attended the WS High School last year walked in graduation.

Autism

Wesley Spectrum understands that an autism diagnosis can be a significant challenge for a family as it affects not only the child, but the entire family as well. Our focus on quality autism services has made us a provider of choice in Southwestern Pennsylvania. We strive to support families with a knowledgeable, compassionate, and resourceful staff who will make a difference in the life of a child, as well as a family. Wesley Spectrum provides a number of



services for children with autism including, Wonder Kids, therapeutic social skills groups, Behavioral Health Rehabilitation Services, Creative Arts, AWES, Outpatient therapy, psychiatric services and training and consultation services to the community and natural supports.

22%

Individuals with autism were better able to access services across the life span. Census increased in our Specialty Autism Outpatient and Creative Arts programs, which serve all age groups, by 22% over the past year. Behavioral Health Rehabilitation Services and Wonder Kids programs also increased census by 27%.



76% of children leaving BHRS services graduated to a less intensive level of care.

94% of individuals who completed their treatment program in autism services met at least half of their goals at the point of discharge. 97% of individuals who completed their treatment program in autism services experienced improvement in clinical condition.



K - 8

Students

168

High School Students

<u>427%</u>

76%



Family

Family Services

Family Support services include family preservation and reunification services, foster family care and adoption services for youth involved in the Child Welfare and Juvenile Justice systems and served over 1,300 families last year. A variety of services including assessment, in-home family therapy, parenting skills, case management and referrals to community supports for basic needs such as housing are available to address the underlying issues that threaten family stability. Services focus on the development of competencies and connection to supports in the community to strengthen families and prevent re-entry into care in the future. Juvenile Justice Services include individual, group and family services based on a balanced and restorative justice approach that includes restitution, community safety, victim awareness and connection to behavioral health services is available to all families served in the Family Support programs.

- Foster care supported academic achievement with youth that were placed with Wesley Spectrum. When youth came to us, 42% were performing below grade level. When they left our program, 95% of youth were performing at or above grade level.
- Youth that complete the WS In-Home program are significantly more likely to be maintained in public school or improve their educational environment while in the program.
- Participation in In-Home services is a very strong predictor of staying in the home with one's parents or demonstrating improvement in their living situation (i.e. move out of an RTF, D&A Facility, or homelessness).

Behavioral Health

Behavioral Health

Infusing recovery and resiliency principles in our practice insure that services are consumer driven and promote the ability for individuals and families to care for themselves. Whether a mental health or substance abuse disorder, focus on comprehensive assessment and treatment planning that includes coordination with physical health providers is critical. Wesley Spectrum provides several levels of behavioral health care from outpatient to acute partial hospitalization services.



- 89% of students who participated in Wesley Spectrum's School Based Behavioral Health Services remained in public school, or graduated, after discharging from the program
- 91% of children that participated in Family Based Mental Health Services obtained stability by remaining in a family environment at the time of discharge
- 95% of youth in Family Based or Family-Focused services say that they learned skills that would benefit them in other settings (e.g. school and with peers)



91%

95%

Innovation

Wesley Spectrum CARES Program

Wesley Spectrum is opening a diagnostic evaluation and service planning program that is designed to better meet the needs of children and families through a new and unique approach. This program, known as Wesley Spectrum CARES, is dedicated to providing comprehensive initial evaluations for children and adolescents with behavioral health concerns in a way that integrates family system support and overall wellness. We do this with the help of a specialized team of professionals working together to provide quality services and support.

The Team:

- A licensed neuro-psychologist to evaluate behavioral and emotional symptoms and concerns while identifying strengths within the child and the family.
- A certified, registered nurse practitioner (CRNP) to complete a full medical developmental assessment.
- A speech and language pathologist to evaluate challenges in daily communication and interaction.
- A licensed professional counselor to complete specialized testing with children.
- A licensed professional counselor dedicated to providing support and education for parents while linking. children to services that will lead the child to success.

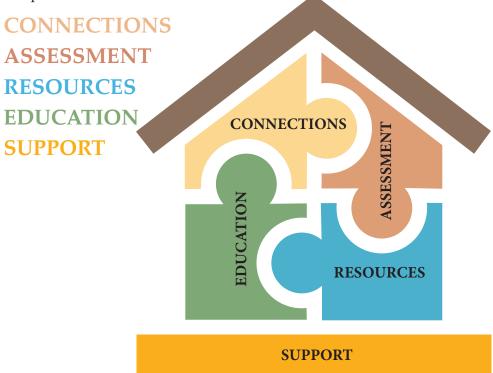
Services Provided:

- Comprehensive, multi-disciplinary evaluations with skilled professionals.
- Targeted assessment procedures and tools to ensure accurate results.
- Individualized recommendations geared toward best outcomes for children.
- A dedicated CARES Navigator to communicate evaluation results and recommendations and provide linkage support to necessary resources from evaluation to enrollment in treatment.

What makes us different?

Our specialized CARES Navigation system dedicated to providing information, resources and support to the entire family.

Our multi-disciplinary approach to providing the most comprehensive and accurate evaluation.



Aggression Replacement Training (ART)

ART is a multimodal psycho educational evidenced based intervention designed to alter the behavior of chronically aggressive adolescents and young children. The program incorporates three specific interventions: skill-streaming, anger-control training, and training in moral reasoning. Skill-streaming uses modeling, role-playing, performance feedback, and transfer training to teach pro-social skills. In Anger Control Training, participating youth must bring to each session one or more descriptions of recent anger-arousing experiences (hassles), and over the duration of the

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CONTROL

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program they are trained in how to respond to their hassles. Training in moral reasoning is designed to enhance youths' sense of fairness and justice regarding the needs and rights of others and to train youth to imagine the perspectives of others when they confront various moral problem situations.

The program consists of a 10-week, 30-hour intervention administered to groups of 8 to 12 juvenile offenders three times per week. During these 10 weeks, participating youth typically attend three 1-hour sessions per week, one session each of Skill-Streaming, Anger-Control Training, and training in Moral Reasoning.

The program relies on repetitive learning techniques to teach participants to control impulsiveness and anger, resulting in using more appropriate behaviors. In addition, guided group discussion is used to correct antisocial thinking.

101

Resource Center

In striving to attain our mission, one of our primary focuses is the integration of those programs that best address the needs of each person we serve. In addition, we work to provide those individuals with access to all the services available across our organization. To achieve these goals the Resource Center was created.

The Resource Center provides people in the community with information and support in accessing and navigating Wesley Spectrum's services, trainings, and unparalleled expertise in autism, behavioral health, education, and family support services! The Resource Center provided support to 300 individuals through calls and emails during the year and connected them to services within Wesley Spectrum or to other providers to ensure their needs were met.

Partnership for Integrated Care.

Wesley Spectrum and Pediatric Alliance, one of the region's largest physician owned group pediatric practices, began partnering back in 2011, to provide behavioral health in the comfort and convenience of a pediatrician's office. Today our collaboration affords seamless access to behavioral health services, provided by a highly trained Wesley Spectrum therapist, who provides a compassionate, non-judgmental environment. This environment allows for clients to feel safe and confident as they find resiliency within themselves. Together we offer a streamlined, holistic approach to managing the health and wellness of children.

Healthy Relationships

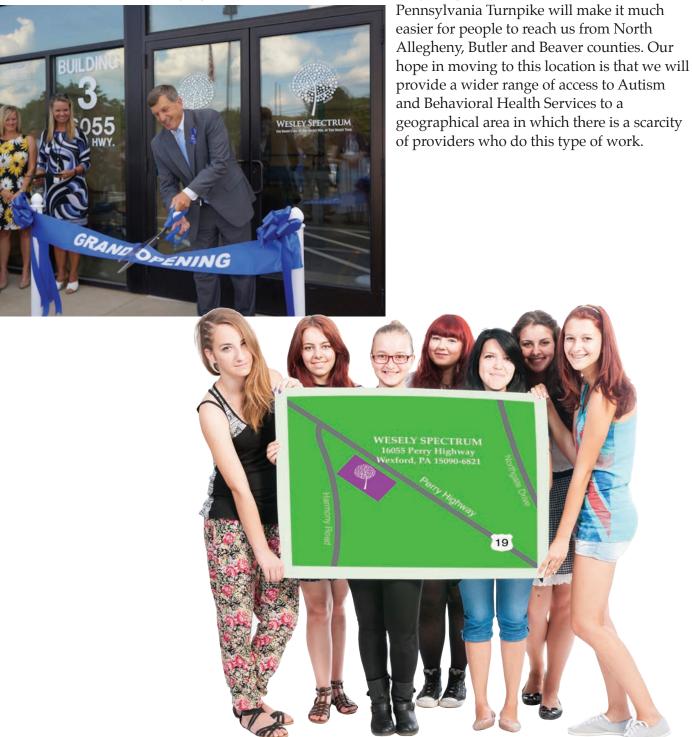
The Healthy Relationships Curriculum, developed by Dr. Lawrence Sutton and Wesley Spectrum, is designed to teach skills in the areas of self-care, human sexuality, and relationship development to adolescents and young adults with Autism Spectrum Disorder or other cognitive challenges. These young people have needs that persist throughout their lives; therefore it becomes critical that they build these skills. The challenges encountered by youth with cognitive challenges and by those on the autism spectrum influence their ability to



function effectively in society. Individuals face difficulty in forming meaningful social relationships which results in social isolation, bouts of depression, difficulty in securing employment, victimization, and involvement in the legal system. This curriculum helps young people live safely in their communities and form relationships that bring happiness and companionship. This curriculum can be delivered in many settings including behavioral health organizations, the juvenile justice system and schools. This is also a program that is not only taking place throughout Pennsylvania, but it is also in Delaware and can be taught throughout the United States.

Wesley Spectrum Wexford

Wesley Spectrum, which specializes in treatment for Autism and Behavioral Health issues, relocated from Route 8 in Richland to 16055 Perry Highway in Marshall Township in June of 2016. This new office which has been named Wesley Spectrum Wexford includes a Site Based Social Skills Group for children, adolescents and young adults with Autism, Outpatient Services including psychological evaluations, psychiatric services, medication management, individual, family and group sessions, Creative Arts Services, Parent-Child Interaction Therapy and Behavioral Health Rehabilitation Services. Being right on Route 19 and so close to major highways such as 79, 279 and the



CONSOLIDATED STATEMENTS OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEARS ENDED JUNE 30, 2016 AND 2015

| | | 2 0 | 1 6 | |
|--|--------------|---------------------------|---------------------------|--------------|
| | Unrestricted | Temporarily Restricted | Permanently Restricted | Total |
| REVENUES AND SUPPORT | | | | |
| Contracts and | | ¢ | ¢ | ¢2(005 (02 |
| government grants | \$26,905,683 | \$- 10.810 | \$- | \$26,905,683 |
| Interest income | 120,794 | 19,819 | - | 140,613 |
| Rental income | 35,028 | - | - | 35,028 |
| Miscellaneous | 40,208 | - | - | 40,208 |
| Contributions and grants | 363,041 | 1,887,489 | 34,000 | 2,284,530 |
| Special event revenue | 365,312 | 15,245 | - | 380,557 |
| Net gain (loss) on sale of fixed assets | 99,482 | - | - | 99,482 |
| Net appreciation (depreciation) | | | | |
| on investments | (123,278) | (28,867) | - | (152,145) |
| | 27,806,270 | 1,893,686 | 34,000 | 29,733,956 |
| NET ASSETS RELEASED | | | | |
| FROM RESTRICTIONS | 608,477 | (608,477) | - | - |
| | 28,414,747 | 1,285,209 | 34,000 | 29,733,956 |
| EXPENSES | | | | |
| Program services | 23,501,918 | - | - | 23,501,918 |
| Fundraising | 375,518 | - | - | 375,518 |
| Special events | 163,803 | - | - | 163,803 |
| Building | 345,901 | - | - | 345,901 |
| General and administrative | 3,197,717 | - | - | 3,197,717 |
| | 27,584,857 | - | - | 27,584,857 |
| CHANGES IN NET ASSETS | 829,890 | 1,285,209 | 34,000 | 2,149,099 |
| NET ASSETS | | | | |
| Beginning of year | 6,589,084 | 1,131,603 | 750,353 | 8,471,040 |
| End of year | \$7,418,974 | \$2,416,812 | \$784,353 | \$10,620,139 |

| | 2 0 | 1 5 | | |
|-----------------------|---------------------------|---------------------------|-----------------------|-------------------|
| Unrestricted | Temporarily Restricted | Permanently Restricted | Total | |
| | Restricted | Resulter | | |
| | | | | |
| \$26,544,390 | \$- | \$- | \$26,544,390 | |
| 97,828 | 14,710 | - | 112,538 | |
| 35,818 | - | - | 35,818 | |
| 17,002 | - | - | 17,002 | 10 |
| 74,819 | 181,411 | 2,000 | 258,230 | |
| 292,303 | 6,905 | 21,454 | 320,662 | (and the second |
| 460 | - | - | 460 | Thank |
| | | | | |
| | | | | you! |
| 38,491 | (2,808) | - | 35,683 | J C C C |
| 27,101,111 | 200,218 | 23,454 | 27,324,783 | |
| | | | (| |
| 305,647 | (305,647) | - | - | |
| 27,406,758 | (105,429) | 23,454 | 27,324,783 | |
| | | | | |
| 24 359 047 | | | 24 359 047 | |
| 24,359,047 289,951 | - | - | 24,359,047 289,951 | |
| 179,284 | | - | 179,284 | |
| 327,710 | | | 327,710 | |
| 3,189,165 | | | 3,189,165 | |
| | | | | |
| 28,345,157 | - | - | 28,345,157 | Manager and State |
| (938,399) | (105,429) | 23,454 | (1,020,374) | |
| | | | | |
| 7,527,483 | 1,237,032 | 726,899 | 9,491,414 | |
| | | | | |
| \$6,589,084 | \$1,131,603 | \$750,353 | \$8,471,040 | |

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