

A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services and activities for children, families, and adults living in the Western Pennsylvania region. We remain committed to our mission...

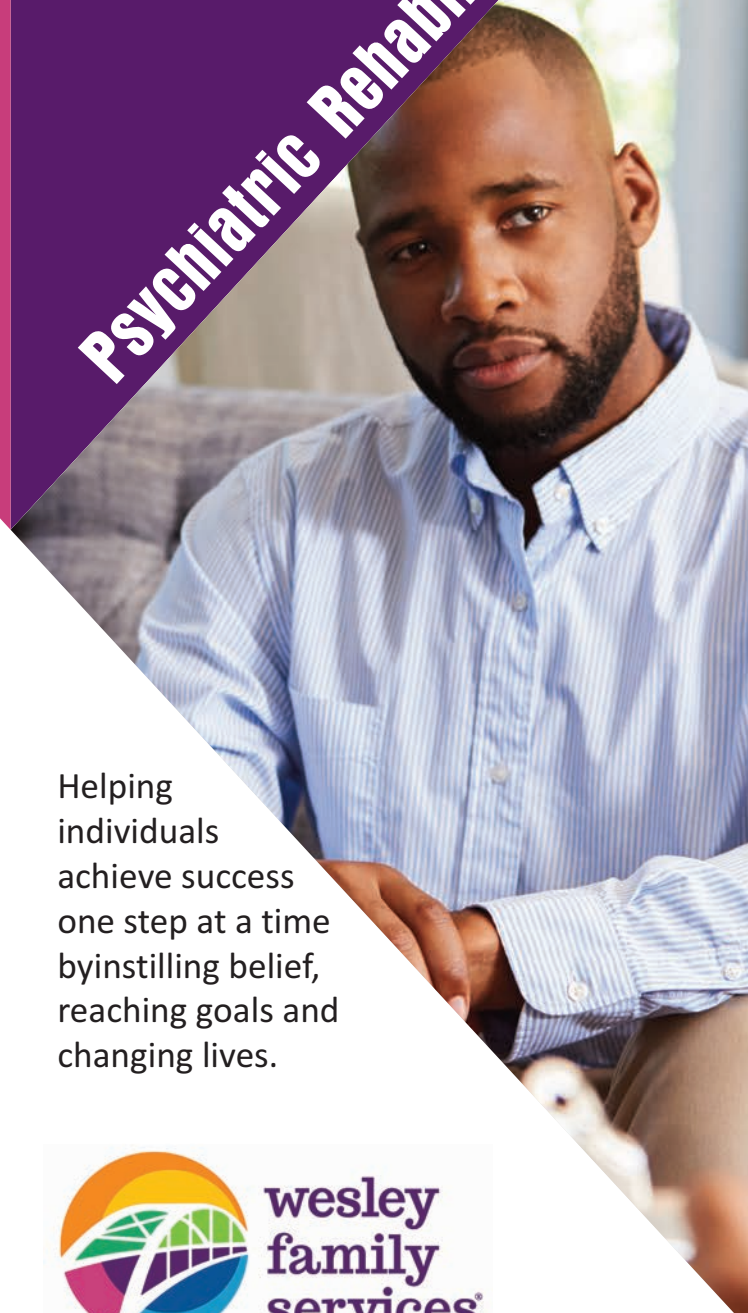
To empower children, adults, and families by providing transformational care.

Our services are developed in accordance with national service organizations, the Alliance for Children and Families, and the National Council for Community Behavioral Health, and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation.



Psychiatric Rehabilitation



**Empowering People.
Strengthening Communities.
Transforming the Future.**

Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



**For more information about our
Psychiatric Rehabilitation program,**

call:

412-342-2270

www.wfspa.org



Helping individuals achieve success one step at a time by instilling belief, reaching goals and changing lives.



One Step at a Time

At Wesley Family Services, we recognize that a key element of rehabilitation and recovery for individuals with serious and persistent mental illness is experiencing a valued role in the community and obtaining and using the power to make choices about one's life. This role recovery is guided by the basic philosophy of rehabilitation - that people with disabilities need opportunities to identify and choose for themselves desired roles in living, learning, working, and social environments. Such experiences are essential to the change that underpins the recovery process for any person.

Psychiatric Rehabilitation is founded on the principles of consumer choice and the active involvement of persons in their rehabilitation. It is a voluntary recovery program for you who want to:

- make a change
- achieve a goal
- develop a new role in your living, learning, working, or social life

What You Can Expect to Gain from Psychiatric Rehabilitation

Do you want to learn more about your illness and how to manage your symptoms? Are you searching for a way to get involved in work, school, or a new social group? Do you want to strive for what you want in life? We can help you achieve your goals. Psychiatric Rehabilitation services include groups that will help you develop the:

- knowledge
- skills
- resources necessary for you to change something in your life so that you maximize your abilities and live the most fulfilling life possible.

Your service planning is based on your strengths and your needs. All group topics are oriented toward your goals. Groups are small—no more than 10 people in each group—so that you don't feel as if you are lost in a crowd.

Eligibility Requirements

To be eligible to participate in the Psychiatric Rehabilitation Program, a person must:

- be 18 years of age or older
- have a presence or history of serious mental illness
- choose to participate in the program

What Our Program Participants Have Said

"I feel accepted, listened to and encouraged." - Jim T.

"PR has taught me to do one thing at a time." - Julia T.

"I have goals in the working area that I never had before." - David R.

"I have learned about my strengths and how to overcome barriers." - Patty B.

Location

Psychiatric Rehabilitation services are offered at the following location:

Psychiatric Rehabilitation Program

Wesley Family Services
310 Central City Plaza
New Kensington, PA 15068

Referrals

Referrals can be made by calling **412.342.2270**.

