## A History of Service

Wesley Family Services is a comprehensive human service agency that provides a wide variety of programs, services and activities for children, families, and adults living in the Western Pennsylvania region. We remain committed to our mission...

To empower children, adults and families by providing transformational care.

Our services are developed in accordance with national service organizations, the Alliance for Strong Families and Communities, and the National Council on Community Behavioral Health and are accredited by the Council on Accreditation of Services for Families and Children. Certification by the Council on Accreditation means that Wesley Family Services meets the highest national standards for professional performance in human services.

Personnel policies, procedures, and practices are designed and implemented to prohibit discrimination on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, or sexual orientation.





# Empowering People. Strengthening Communities. Transforming the Future.

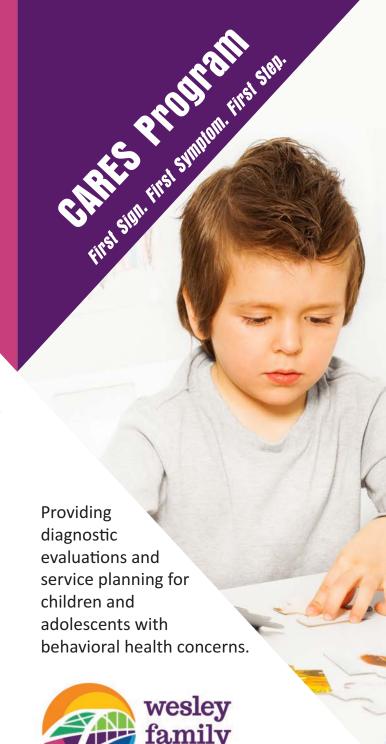
Every day, the caring, highly trained staff of Wesley Family Services empowers children, adults and families to overcome challenges so that they can be part of a stronger community with a brighter future. When you or a loved one needs help, we'll be there.



For more information about the CARES program, call:

412-342-2270

www.wfspa.org





# **Program Purpose**

The CARES program is a diagnostic evaluation and service planning program that is designed to better meet the needs of children and families through a new and unique approach. CARES is dedicated to providing comprehensive initial evaluations for children and adolescents with behavioral health concerns in a way that integrates family system support and an all-inclusive approach to overall wellness. We do this with the help of a specialized team of professionals working together to provide quality services and support.

### **What Makes Us Different**

Our specialized CARES Navigation system is dedicated to providing information, resources and support to the entire family. Our multi-disciplinary approach provides the most comprehensive and accurate evaluation and includes:

Connections
Assessment
Resources
Education
Support

### The Team

- A licensed psychologist to complete specialized testing and assessment to evaluate behavioral and emotional symptoms and concerns while identifying strengths within the child and the family
- CRNP (A certified, registered nurse practitioner) to complete a full medical developmental assessment
- A licensed professional counselor dedicated to providing support and education for parents while linking children to services for success

### **Services Provided**

- Comprehensive, multi-disciplinary evaluations with skilled professionals
- Targeted assessment procedures and tools to ensure accurate results
- Individualized recommendations geared toward best outcomes for children
- A dedicated CARES Navigator to communicate evaluation results and recommendations and provide linkage support to necessary resources from evaluation to enrollment in treatment

### **Admission Criteria**

The CARES program is designed to help:

- Children between the ages of 2 and 21 and their families
- Children in need of an initial evaluation
- Families who are beginning to experience first signs and symptoms

Our CARES program works with many insurance carriers and has many payment plans/options. Our friendly and informed staff will be happy to answer any questions that you may have. To see if we work with your insurance carrier or to discuss other payment options, please call our Centralized Admissions Staff at 412-342-2270.

### The Process

The CARES model is a 3 step process that was developed with feedback from parents and caregivers and is designed to meet the needs of each individual child and family:

**Visit 1** – Families will spend 2 – 2.5 hours meeting with their CARES Navigator to establish goals and address needs and completing a medical/developmental evaluation with the CRNP.

**Visit 2** – Families will spend 2 – 2.5 hours completing a full psycho-social evaluation with the licensed psychologist and complete testing as needed.

*Visit 3* – Families will meet with their CARES Navigator for an hour to review the child and family strengths, discuss needs and recommendations and develop a plan for continued care to best support the child.

**Continued Care and Support** – Your CARES Navigator will help connect you to recommended services and community supports. This service will be available for at least a year to guide you with on-going support through your next steps towards success.

### **CARES Location**

The CARES program is currently being offered at our Bridgeville location:
Wesley Family Services

Wesley Family Services 100 Emerson Lane, Sute 1525 Bridgeville, PA 15017

To learn more about CARES or to make a referral, please contact Centralized Admissions at: **412.342.2270**